

RECOMMENDED ATTIRE & PACKING LIST

RECOMMENDED ATTIRE

Our general recommendation is to pack comfortable clothing that will work well for full days of active touring in a range of temperatures. Think in terms of a capsule wardrobe—multi-purpose clothes that you can mix and match and wear in layers—to give yourself the most flexibility. The overall tone of the trip is casual, so most of what you pack should reflect that.

We suggest you pack a week's worth of outfits and have your clothes laundered along the way. There are laundry services available at almost every stop.

To guarantee space for shopping and souvenirs, we suggest you pack no more than what fits into your large suitcase. Then you can divide everything between your large and small suitcases and will still have plenty of room for bringing new items home.

LUGGAGE ALLOWANCES

Luggage is limited to two, 50 pound suitcases per person: one large, checked bag and one small, wheeled suitcase (referred to as your "wheelie") which we will provide for you approximately one month prior to the expedition alongside a carry-on backpack. All suitcases, including your wheelie, will be stored in the hold of the jet during our flights.

In addition, you will be allowed one backpack and a small, personal bag as carry-on items. All hand-carried items must fit in the overhead bin. You will have to carry these bags through the airport and onto the vehicles. You will also have to carry them during sightseeing if there is sightseeing on arrival. For this reason, we do not recommend that you use an additional roller suitcase as a carry-on. We recommend you use our provided backpack as your primary carry-on.

WHAT NOT TO BRING

We strongly suggest you leave all valuable jewelry and watches at home so that you have one less thing to worry about and keep track of. Same goes for expensive handbags and delicate clothes that will not hold up well with multiple wears or hotel laundry/dry cleaning.

All of the hotels have basic hairdryers. If you are looking to save space and don't have a special hairdryer, you can leave yours at home. If you do decide to bring your own, please be aware that it is very common to blow the fuse on hairdryers brought from home, as the voltage in each location varies from the U.S.

Please do not bring drones as they are banned from most sites and are not allowed in some countries.

Please do not bring Smart Bags (luggage that include built-in device charging, GPS tracking, electronic scales, bluetooth connectivity, app-enabled controls, etc.). Many Smart Bags are powered by lithium-ion batteries and are a known fire hazard. Due to the inherent safety risks, they are banned from many airlines and will not be allowed in the hold unless the battery is removed.

Important Note about CBD/THC Products

Bringing anything that could be construed as a cannabis product is not worth the risk, as other countries' authorities won't necessarily know the difference. Even if it is legal at home, it will not be legal in several destinations. In addition, you cannot leave this type of product on the jet. It's not uncommon that officials do a sweep of the jet when it is on the ground, and you would then be held responsible.

PACKING LIST

While your individual packing preferences may vary, please use the following packing list as a general guide to help you prepare for your expedition.

Touring / Travel Clothing:	Non-Touring Clothing:
This should make up the bulk of your items. Not only will you wear them all day, but many guests will go to dinner some evenings in the same clothing they have been wearing all day. We suggest "athleisure" casual clothing, which is designed to be worn for both exercising and general use.	☐ 3 blouses/button-up/polo shirts for dinners
	☐ 2 pairs of slacks/khakis (or one if you use the touring pair that can be dressed up or down) or 2 smart-casual dresses
	☐ 1 set of pajamas
2 comfortable, casual short-sleeved shirts for layering	☐ 1 bathing suit
☐ 2 comfortable, casual, long-sleeved shirts for layering in cooler weather	☐ 1 pair of "nicer" shoes (e.g. flats, loafers, etc.). We recommend against heels, as many places have uneven
2 sets of mid-weight thermal underwear tops and bottoms for layering (synthetic or wool)	ground or grass to walk across
☐ 2 heavyweight wool or fleece sweaters	Accessories to add flair to your capsule wardrobe: scarves and inexpensive jewelry (this could also be
☐ 3 pairs of long pants, at least one of which can be	something to shop for along the way)
dressed up or down	☐ 1 cross-body purse so that you can be hands free while touring, through airports and at cocktail events
□ 8 pairs of underwear □ 2-3 bras	1 pair of spare eyeglasses and/or contact lenses and case
☐ 2-3 bras☐ 6 pairs of wool or wool-blend socks and thick sock liners☐	Optional: sport coat (some prefer to bring a sport coat,
1 pair of well-broken-in insulated waterproof hiking	others do not. There may be guests wearing sport coats at group dinners.)
boots with good tread	Optional: 1 pairs of comfortable jeans or thicker pants
Optional: 1 pair of walking or athletic shoes with good tread (if you prefer not to use your hiking boots exclusively)	Optional: workout clothes (if you want to use hotel
☐ 1 wool or fleece hat	gyms where available)
1 pair of waterproof warm gloves and glove liners	<u>Toiletries</u> :
☐ 1 warm scarf or thermal neck gaiter	☐ Toothpaste and toothbrush
☐ 1 pair of sunglasses	☐ Personal grooming/hygiene products
Outerwear:	☐ Moisturizer or after-sun lotion
□ 1 warm, waterproof winter coat	☐ Optional: Shampoo and conditioner (if you want something beyond what all the hotels provide)
☐ 1 pair of waterproof/ski pants	For Carry-On Backpack:
Optional: 1 down jacket designed to pack into its own small sack	We suggest you have the following items in your provided
Optional: 1 water-resistant windbreaker or shell to use	carry-on backpack on travel days:
both for rain/wind protection and for warmth over the down	\square Wallet or purse with credit cards and cash
acket	☐ Passport

For Carry-On Backpack (continued): Good items to have in your backpack while touring: Antibacterial gel/spray Bug repellent Lip balm Sunscreen Please note, if you bring liquids in your carry-on through airport security, you will need to adhere to the 3.4oz/100ml maximum size and carry them in a clear bag. Medications: 30-day supply of any personal prescriptions*

☐ OTC cold and flu medicines
☐ Diarrhea treatment kit

*Some common medications in your home country could be banned in other countries, so it is important for you to check prior to departure. The U.S. State Department has relevant information and links at travel.state.gov on each country page (found here) under "Local Laws & Special Circumstances." Make sure you check well before the trip starts, so if your doctor needs to prescribe a substitute,

there is time to organize this. Please note, all prescriptions

packaging in case any customs officials inquire as to what

and medications should be in their original bottles/

☐ 30-day supply of any over-the-counter (OTC) medicines

you take (e.g. allergy medications)*

Other:

- Camera and cellphoneTripod for camera or cellphone (for northern lights photography)
- Chargers and extra batteries
- ☐ Reusable dry bags of various sizes (to prevent moisture on electronics, books and notebooks)
- ☐ **Optional:** collapsible walking stick (if needed)
- ☐ **Optional:** collapsible umbrella (for sun/rain/snow)

TCS Provided Items:

Final Amenities (sent ~1 month pre-departure)

- 1 small wheeled suitcase
- 1 backpack
- 3 packing cubes
- 2 TSA-approved luggage locks
- 1 universal plug adapter (not voltage converting)

Received on the jet

- 1 baseball cap
- 1 pair of compression socks
- 1 pair of slippers
- 1 in-flight toiletry kit (with items such as lip balm, mints, lotion, hand sanitzer, dental kit, eye mask, etc.)

Available during the trip

- Face masks (available as needed)
- Rain ponchos (sourced as needed)

WEATHER BY DESTINATION

Please note, the following charts outline the general weather information for our journey and should help you with your trip preparations. Please keep in mind that daily conditions could be quite different. To check the conditions closer to departure, refer to your local newspaper or check current weather conditions around the world at weather.com.

Washington, D.C.

they are.

Average High (°F): 56 Average Low (°F): 38 Average Rainfall (in.): 3.5

②Lake Mývatn, Iceland

Average High (°F): 38 Average Low (°F): 26 Average Rainfall (in.): 1.8

Pålesund, Norway

Average High (°F): 43 Average Low (°F): 34 Average Rainfall (in.): 4.9

PRovaniemi, Finland

Average High (°F): 29 Average Low (°F): 15 Average Rainfall (in.): 1.4