

# RECOMMENDED ATTIRE & PACKING LIST

## RECOMMENDED ATTIRE

#### **Packing Overview**

The general rule of thumb is to pack comfortable clothing that will work well for full days of active touring in a range of temperatures. Think in terms of a capsule wardrobe—multi-purpose clothes that you can mix and match and wear in layers—to give yourself the most flexibility. The overall tone of the trip is casual, so most of what you pack should reflect that.

We suggest you pack a week's worth of outfits and have your clothes laundered along the way. There are laundry services available at almost every stop.

To guarantee space for shopping and souvenirs, we suggest you pack no more than what fits into your large suitcase. Then you can divide everything between your large and small suitcases and will still have plenty of room for bringing new items home. TCS will provide some packing cubes when we send out your wheelie bag a few weeks before departure. These are useful to help your bag stay organized.

#### What Not to Bring

We strongly suggest you leave all valuable jewelry and watches at home so that you have one less thing to worry about and keep track of. Same goes for expensive handbags and delicate clothes that will not hold up well with multiple wears or hotel laundry/dry cleaning.

**All of the hotels have basic hairdryers.** If you are looking to save space and don't have a special hairdryer, you can leave yours at home. If you do decide to bring your own, please be aware that it is very common to blow the fuse on hairdryers brought from home, as the voltage in each location varies from the US.

We will provide a baseball cap and compression socks for the plane, so unless you have special ones, you do not need to bring those items.

**Please do not bring drones** as they are banned from most sites and are not allowed in some countries.

Please do not bring Smart Bags (luggage that include built-in device charging, GPS tracking, electronic scales, bluetooth connectivity, app-enabled controls, etc.). Many Smart Bags are powered by lithium-ion batteries and are a known fire hazard. Due to the inherent safety risks, they are banned from many airlines and will not be allowed in the hold unless the battery is removed.

#### Important Note about CBD/THC Products

Bringing anything that could be construed as a cannabis product is not worth the risk, as other countries' authorities won't necessarily know the difference. Even if it is legal at home, it will not be legal in several destinations. In addition, you cannot leave this type of product on the jet. It's not uncommon that officials do a sweep of the jet when it is on the ground, and you would then be held responsible.

## GENERAL PACKING LIST

Please use this list as a general guideline to help you prepare for your expedition. For further details, please reference the Pre-Flight Planning document's Luggage & Packing section.

#### **Touring / Travel Clothing:**

This should make up the bulk of your items. Not only will you wear them all day, but many guests will go to dinner some evenings in the same clothing they have been wearing all day. We suggest "athleisure" casual clothing, which is designed to be worn for both exercising and general use.

exercising and general use.	
wh the	3 comfortable, casual short-sleeved shirts (some ople prefer safari-type shirts). We suggest having ite or tan shirts for the days we are on safari. Avoid colors black and blue on safari, as local insects are racted to these colors.
shi	2 comfortable, casual, light-colored long-sleeved rts for sun and insect protection as well as for ering in cooler weather
	3 pairs of long, lightweight pants, at least one of ich can be dressed up or down
	2 pairs of shorts/skorts or a day-time dress (some gious sites require people to wear clothing that goes ll past their knees)
	8 pairs of underwear
	6 pairs of socks
	2-3 bras
□ wit	1 pair of well-broken-in walking or athletic shoes h good tread
	1 pair of sunglasses
pro	Optional: 1 sun hat if you want more than the wided baseball cap

## **Non-Touring Clothing:**

needed

	3 blouses/button-up/polo shirts for dinners	
	2 pairs of slacks/khakis (or one if you use the touring r that can be dressed up or down) or 2 smart-casual sses	
	2-3 sweaters for cooler temperatures or the plane	
	1 set of pajamas	
	1 pair of flat/casual shoes like a city sneaker or a loafer 1 pair of "nicer" shoes (flats, fancy sandals, loafers, boat es). We recommend against heels, as many places have even ground or grass to walk across.	
and	Accessories to add flair to your capsule wardrobe: scarves inexpensive jewelry (this could also be a fun thing to p for along the way)	
d tou	1 cross-body purse so that you can be hands free while ring, through airports and at cocktail events	
	1 pair of spare eyeglasses and/or contact lenses and case	
	Optional: some men prefer to bring a sport coat and ne do not. There may be some men wearing them at some ners.	
	Optional: 1-2 pairs of comfortable jeans or thicker pants	
	Optional: 1 pair of sport sandals or flip-flops	
□ whe	Optional: workout clothes if you want to use hotel gyms ere available	
Beach Clothing:		
	2 bathing suits	
	1 bathing suit coverup	
	1 pair easy beach shoes	
	1 pair water shoes	
Go	rilla Trekking Clothing:	
	1 pair of well-broken-in hiking boots/shoes	
qui	1 pair thicker pants (so sticker bushes and thorns do not through and cut the skin). You want something that dries ckly in case you are trekking in the rain. Be sure they are cutral brown or green, not denim or black.	
Outerwear:		
□ □ rair	1 down jacket designed to pack into its own small sack 1 water-resistant windbreaker or shell to use both for n/wind protection and for warmth over the down jacket if	

#### For Carry-on Backpack:

TCS will provide a backpack for you a few weeks before the trip. We suggest you have the following items in your carry-on backpack: ☐ Wallet or purse with credit cards and cash Passport Yellow Fever inoculation record or waiver Good items to have in your backpack while touring (TCS provides a small starter kit of bug repellent, antibacterial gel and lip balm): ☐ Antibacterial gel and spray ☐ Bug repellent ☐ Lip balm □ Sunscreen \*Please note, if you do bring liquids in your carry-on through airport security, you will need to adhere to the 3.4oz/100ml maximum size and carry them in a clear bag. **Toiletries:** ☐ Toothpaste and toothbrush ☐ Personal grooming/hygiene products ☐ Moisturizer or after-sun lotion ☐ Shampoo and conditioner, if you want something beyond what all the hotels provide **Medications:** ☐ A month's supply of any personal prescriptions\*\* ☐ A month's supply of any OTC medicines you take (e.g. allergy medications)\*\* Over-the-counter cold and flu medicines ☐ Diarrhea treatment kit. ☐ Malaria prophylaxis [if recommended by your \*\*Some common medications in your home country

\*\*Some common medications in your home country could be banned in other countries, so it is important for you to check prior to departure. The State Department has relevant information and links at travel.state.gov on each country page under "Local Laws & Special Circumstances." Make sure you do so well before the trip starts, so that if your doctor needs to prescribe a substitute, there is time to organize this. Please note that all prescriptions and medications should be in their original bottles/packaging in case any customs officials inquire as to what they are.

#### Other:

- Camera and cellphone
- Chargers and extra batteries
- ☐ Reusable dry bags of various sizes (to prevent moisture on electronics, books and notebooks)
- □ Collapsible walking stick, if needed
- Optional: Collapsible umbrella

#### Items TCS Will Provide:

- Small wheeled suitcase
- Backpack
- Packing cubes
- Baseball cap
- Universal adapter
- Compression Socks
- A pen
- Anti-bacterial spray and wipes
- Insect repellent wipes
- Face masks [available as needed]
- Rain Poncho [available as needed]

#### WEATHER BY DESTINATION

Please note, the following charts outline the general weather information for our journey and should help you with your trip preparations. Please keep in mind that daily conditions could be quite different. To check the conditions closer to departure, refer to your local newspaper or check current weather conditions around the world at weather.com.

## London, England

Average High (°F): 70 Average Low (°F): 53 Average Rainfall (in.): 1.8

# Fes, Morocco

Average High (°F): 88 Average Low (°F): 59 Average Rainfall (in.): 0.5

# **♥**Kigali, Rwanda

Average High (°F): 80 Average Low (°F): 62 Average Rainfall (in.): 2.5

## Volcanoes National Park, Rwanda

Average High (°F): 77 Average Low (°F): 59 Average Rainfall (in.): 2.4

## Victoria Falls, Zambia

Average High (°F): 79 Average Low (°F): 49 Average Rainfall (in.): 0.1

# Chobe National Park, Botswana

Average High (°F): 80 Average Low (°F): 48 Average Rainfall (in.): 0.1

# Sossusvlei, Namibia

Average High (°F): 74 Average Low (°F): 46 Average Rainfall (in.): 0.1

# Maputo, Mozambique

Average High (°F): 79 Average Low (°F): 58 Average Rainfall (in.): 0.6

## Seychelles

Average High (°F): 85 Average Low (°F): 77 Average Rainfall (in.): 5.26

#### Tunis, Tunisia

Average High (°F): 88 Average Low (°F): 67 Average Rainfall (in.): 0.5

## London, England

Average High (°F): 70 Average Low (°F): 53 Average Rainfall (in.): 1.8